

## Registration Form

Please print clearly (one form per participant):

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

Sex: \_\_\_\_F \_\_\_\_M

Homeroom(s) Supporting \_\_\_\_\_

**IMPORTANT:** Sign below to indicate you have read and agree to the waiver on the reverse side of this form.

Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ (if under 18)

Date: \_\_\_\_\_

T-shirt Size: Adult \_\_\_\_S \_\_\_\_M \_\_\_\_L \_\_\_\_XL

Youth \_\_\_\_M \_\_\_\_L

**Performance T-Shirt Guaranteed if registered by September 18th**

**Affiliation to CCS:** \_\_\_\_ Student \_\_\_\_ Parent  
\_\_\_\_ Grandparent \_\_\_\_ Friend \_\_\_\_ Other

I am not able to run but I would like to make a donation to CCS. Amt: \$ \_\_\_\_\_

I am not able to run but I would like to purchase a race t-shirt for \$15.

Please make checks payable to CCS. Mail or hand deliver the completed form and signed waiver with payment to:

Charlottesville Catholic School (CCS)  
1205 Pen Park Road, Charlottesville, VA 22901  
Attn: 5K Run

**OR hand deliver to:** (until 4:00 pm on September 29th)

Ragged Mountain Running Shop  
3 Elliewood Avenue, Charlottesville  
434.293.3367



### Charlottesville Catholic School

1205 Pen Park Road  
Charlottesville, VA 22901  
434.964.0400  
434.964.1373 fax  
www.cvillecatholic.org  
info.ccs@cvillecatholic.org

Serving students of all faiths Pre-K through middle school, Charlottesville Catholic School provides academic excellence while nurturing Christian values. CCS recognizes the uniqueness and individuality of children, and guides them to discover and develop their God-given talents. CCS continues to be affordable and strives to meet the needs of all families through its tuition assistance program. Your participation today helps us to make this happen.

*Celebrating 15 Years of Bringing Faith and Knowledge, Together*



CCS is a 501(c)(3) non-profit educational organization. Contributions are tax-deductible to the fullest extent of the law.

## Event Schedule

### Early Bird Registration - \$20

If received by 4:00 p.m. September 29th at either CCS or Ragged Mountain Running Shop

### Family Discounts (up to September 29th):

Family of 3 - \$55

Family of 4 - \$65

Family of 5 - \$75

Packet Pickup Friday, October 1st,  
3-7pm at CCS or on race day.

Race Day Registration - \$25 (for all)  
October 2nd ~ 7:00-7:30 am at CCS

### Start Time/Site

8:00 am at CCS

Rain or shine, arrive early for parking

### Parking

On Site at CCS

**Special thanks to our sponsors!**



Classics  
Gymnastics  
Center

**Mutual of Omaha  
Wild Wings Café**

## CCS 9th Annual

# All Terrain 5K Run

## at Pen Park

**Walkers and Youth Welcome**

To Benefit  
Charlottesville Catholic School

Saturday,  
October 2, 2010

8:00 a.m. at CCS  
Rain or Shine!



**WACHOVIA**

A Wells Fargo Company

## The Ninth Annual CCS All Terrain 5K Run & Walk...a unique blend of road and trail.

This exciting event—fashioned to accommodate serious runners, walkers and kids—begins in front of CCS (Charlottesville Catholic School) and quickly takes you on the cart path of the beautiful Meadowcreek Golf Course. The scenery changes as you exit the golf course to run along the Rivanna River on the grassy and mulched Pen Park Nature Trail. You will finish

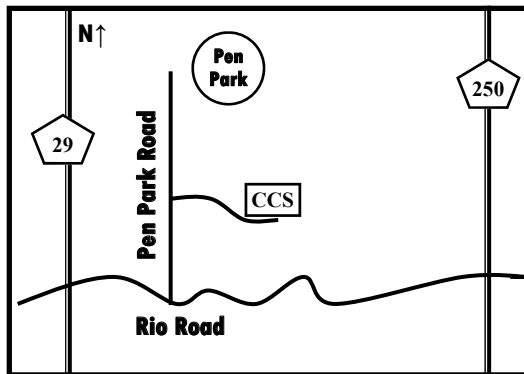


with a short run up Pen Park Road to the finish line in the school's driveway. This course promises to be a great running or walking experience! Refreshments will be available for participants following the run. There will be awards for the top finishers in each of the age groups and great grab bag prizes for participants.

## Participant Waiver

Please read the following carefully. Before you are allowed to participate in the CCS 5K Run, you must sign and return this waiver. Those under 18 years of age must also have the signature of a parent or guardian. I know that participating in a run is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by all decisions of the run officials relative to my ability to complete the run safely. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself, and anyone entitled to act on my behalf, indemnify, hold harmless, waive and release the City of Charlottesville, the County of Albemarle, the Charlottesville Recreation and Leisure Services Division, Meadowcreek Golf Course, the Charlottesville Parks Division, Charlottesville Catholic School, the Diocese of Richmond, the run organizers and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event. Furthermore, I agree to be bound by the rules established with respect to this event. In consideration of the safety of all participants, I understand that absolutely no baby joggers, baby strollers, headphones, animals on a leash, skateboards, skates, rollers blades, or bicycles are allowed on the course. In addition, I understand that if the run is canceled by circumstances beyond the control of the organizers, my entry fee will not be refunded.

*Please sign reverse side to indicate that you have read this waiver.*



**For additional information regarding the  
Ninth Annual CCS All Terrain 5K Run,  
please contact  
Charlottesville Catholic School,  
at: [development@cvillecatholic.org](mailto:development@cvillecatholic.org),  
434.964.0400, ext. 301 or visit our website:  
[www.cvillecatholic.org](http://www.cvillecatholic.org), or call  
Ragged Mountain Running Shop at  
434.293.3367**

